

SENIOR ADVENTURES IN LEARNING AT CCBC

WINTER AND SPRING 2025



This winter and spring, explore Senior Adventures in Learning at CCBC! Embark on your next hobby, friendship or learning opportunity. Take courses at CCBC Hunt Valley, Owings Mills, Catonsville, Essex and Dundalk or online.

ART

ART 839

Acrylic Painting #2

Elevate your acrylic painting. Explore underpainting, tackle complex subject matter and receive personalized guidance and constructive critiques to perfect your art. Instructor: Alan Fink.

Total Cost: \$84 (Tuition: \$0 Fees: \$84)

CRN#	Day/Ses.	Dates	Time	Location
34702	R(10)	1/23-3/27	10 a.m.-12 p.m.	OM
34809	R(10)	4/24-7/3	10 a.m.-12 p.m.	OM

Individuals 60+ years old only pay fees.

For more information, call 443.840.2222 or visit ccbcmd.edu/seniors.

ART 494**Adventures with Watercolor**

Explore watercolor in this introductory course. Learn color theory, color mixing, differences in tools and materials and still life painting techniques. Perfect for beginners. Instructor: Karen Ruberry. Supplies and Materials will be discussed during the first class session.

Total Cost: \$79 (Tuition: \$0 Fees: \$79)

CRN#	Day/Ses.	Dates	Time	Location
34069	R(8)	1/30-3/20	9:30-11:15 a.m.	EC
34070	R(8)	4/24-6/12	9:30-11:15 a.m.	EC

ART 982**Animal Drawing**

Learn how to create quick animal sketches by studying animal skeletons and muscles. Students will focus on proportions and use charcoal and graphite pencils to draw a class project. Open to all skill levels. Instructor: Alina Kurbiel.

Total Cost: \$84 (Tuition: \$0 Fees: \$84)

CRN#	Day/Ses.	Dates	Time	Location
34387	M(10)	2/10-4/14	1-3 p.m.	Zoom

HST 132**Art History: A Project-Based Approach**

Discover art history hands-on! Explore five eras, their characteristics and notable artists. A student project will reflect each era using various materials. Materials fee: \$20, due the first week. Instructor: Daniel Shapiro.

Total Cost: \$99 (Tuition: \$21 Fees: \$78)

CRN#	Day/Ses.	Dates	Time	Location
34800	W(10)	4/23-6/25	1-2:30 p.m.	OM

ART 746**Basic Acrylic Painting**

Explore how to use and mix colors, apply techniques using different kinds of brushes/mediums/materials, prepare painting surfaces and use the color wheel to balance color and composition. Instructor: Alan Fink.

Total Cost: \$84 (Tuition: \$0 Fees: \$84)

CRN#	Day/Ses.	Dates	Time	Location
34705	F(10)	1/24-3/28	10 a.m.-12 p.m.	Zoom

ART 927**Basic Acrylic Painting Part 2**

Advance your intermediate acrylic artistry with techniques in perspective, spatial relationships, composition, colorwork, brushwork and portrait painting while receiving expert critique. Instructor: Alan Fink.

Total Cost: \$84 (Tuition: \$0 Fees: \$84)

CRN#	Day/Ses.	Dates	Time	Location
34824	F(10)	4/25-6/27	10 a.m.-12 p.m.	Zoom

ART 977**Beginning Drawing Part 2**

Expand your skills from Drawing for Beginners by using charcoal, pastels and graphite. Learn to create portraits, perspective drawings, landscapes and still life. Bring a pencil and art pad to the first class; a supply list will be provided. Instructor: Marcia Bornfriend.

Total Cost: \$84 (Tuition: \$0 Fees: \$84)

CRN#	Day/Ses.	Dates	Time	Location
34661	T(10)	1/28-4/1	1-3 p.m.	OM
34778	T(10)	4/22-6/24	1-3 p.m.	OM

ART 984**Dabbling in the Arts**

Explore visual arts using diverse mediums and techniques. Create 2D and 3D projects, study artists and analyze art elements and design principles to boost your creativity. Instructor: Nan Howard.

Total Cost: \$99 (Tuition: \$20 Fees: \$79)

CRN#	Day/Ses.	Dates	Time	Location
34491	T(8)	1/28-3/18	1:30-3:30 p.m.	HV
34492	T(8)	4/29-6/17	1:30-3:30 p.m.	HV

ARB 181**Drawing and Painting for the Senior Adult**

Learn basic techniques for creating two-dimensional media, focusing on media use, techniques for desired effects and essential equipment for completing projects. Instructor: Dr. Joseph Cassar.

Total Cost: \$99 (Tuition: \$15 Fees: \$79)

CRN#	Day/Ses.	Dates	Time	Location
33293	F(8)	2/7-3/28	11:35 a.m.-1:35 p.m.	HV
33292	F(8)	2/7-3/28	9:30-11:30 a.m.	HV

ART 902**Drawing Class Level 1**

Enhance your drawing skills in a supportive environment for beginners. Learn core principles, materials, simplifying shapes, perspective and straight-line techniques. Instructor: Negin Nejad Mohseni.

Total Cost: \$82 (Tuition: \$0 Fees: \$82)

CRN#	Day/Ses.	Dates	Time	Location
33288	M(9)	2/10-4/7	10 a.m.-12 p.m.	HV
33428	M(9)	4/28-6/30	10 a.m.-12 p.m.	HV

ART 903**Drawing Class Level 2**

Completed Drawing Level 1? Now, put your knowledge to work. Choose a drawing project to complete using a mechanical pencil, PanPastel or charcoal pencil. Instructor: Negin Nejad Mohseni.

Total Cost: \$82 (Tuition: \$0 Fees: \$82)

CRN#	Day/Ses.	Dates	Time	Location
33289	M(9)	2/10-4/7	1-3 p.m.	HV
33429	M(9)	4/28-6/30	1-3 p.m.	HV

ART 043**Drawing for Beginners**

Unlock your drawing talent by learning to use lines, shapes, form, contour and perspective. Bring a 9"x12" or larger drawing pad, pencil and eraser to class. Supply list to follow. Instructor: Marcia Bornfriend.

Total Cost: \$84 (Tuition: \$0 Fees: \$84)

CRN#	Day/Ses.	Dates	Time	Location
34651	T(10)	1/21-3/25	10 a.m.-12 p.m.	OM
34781	T(10)	4/22-6/24	10 a.m.-12 p.m.	OM

PDV 399**Fashion and Art Wellness**

Release your emotions and thoughts through art, fashion pictures and writing prompts. Create a vision board of your future goals. Instructor: Trish Presley.

Total Cost: \$86 (Tuition: \$20 Fees: \$66)

CRN#	Day/Ses.	Dates	Time	Location
34650	T(6)	1/21-2/25	11 a.m.-12:30 p.m.	OM
34783	T(6)	4/22-5/27	11 a.m.-12:30 p.m.	OM

ART 956**Fused Glass Art 101**

Discover the ancient art of kiln glass fusing from 1500 BC. Learn its history and vocabulary, including dichroic glass, and create stunning art pieces. Instructor: Sally Shapiro-Gould. Material Fee of \$55 is due to be paid directly to the instructor during the first session of class.

Total Cost: \$79 (Tuition: \$0 Fees: \$79)

CRN#	Day/Ses.	Dates	Time	Location
34146	W(8)	1/29-3/19	2-4 p.m.	HV

ART 976**Independent Drawing Studio**

Explore various mediums, subjects and artistic styles of your choice. Create independent art while improving your drawing skills through critique and encouragement from your instructor. Instructor: Marcia Bornfriend

Total Cost: \$84 (Tuition: \$0 Fees: \$84)

CRN#	Day/Ses.	Dates	Time	Location
34639	M(10)	1/13-3/24	1-3 p.m.	OM
34749	M(8)	4/28-6/23	1-3:30 p.m.	OM

ART 980**Ink and Watercolor Art Journaling in Spring**

Document your daily experiences from winter to early spring. Each session, complete a sketchbook drawing, exploring mixed-media techniques in ink, pencil and watercolor and composition principles.

Instructor: Alina Kurbiel.

Total Cost: \$84 (Tuition: \$0 Fees: \$84)

CRN#	Day/Ses.	Dates	Time	Location
34490	M(10)	2/10-4/14	10 a.m.-12 p.m.	Zoom

ART 958**Mixed Media Mosaics**

Craft unique art by merging mosaic and collage techniques. Create highly personalized masterpieces in class by mixing instructor-provided glass, buttons, ceramics and other trinkets with your own.

Instructor: Sally Shapiro-Gould. Material Fee of \$45 to be paid directly to the instructor during the first class session.

Total Cost: \$79 (Tuition: \$0 Fees: \$79)

CRN#	Day/Ses.	Dates	Time	Location
34145	W(8)	1/29-3/19	11 a.m.-1 p.m.	HV

ART 891**Portrait and Oil Painting Combo**

Refine your portrait and oil painting skills, focusing on lighting, posing and techniques. Bring a drawing pad, graphite pencils, kneaded eraser and a portrait photo to class. Materials list to follow. Instructor: Jennifer Murtha.

Total Cost: \$84 (Tuition: \$0 Fees: \$84)

CRN#	Day/Ses.	Dates	Time	Location
32929	R(10)	1/16-3/20	10 a.m.-12 p.m.	HV
33492	R(10)	4/10-6/19	10 a.m.-12 p.m.	HV

ART 904**Portrait Drawing Level 1**

Explore portrait drawing basics using the Loomis and Reilly methods. Learn measuring techniques for portraiture and anatomy nuances for drawing lifelike portraits. Beginners welcome. Instructor: Negin Nejad Mohseni.

Total Cost: \$82 (Tuition: \$0 Fees: \$82)

CRN#	Day/Ses.	Dates	Time	Location
33290	T(9)	2/11-4/8	10 a.m.-12 p.m.	HV
33430	T(9)	4/29-6/24	10 a.m.-12 p.m.	HV

ART 905**Portrait Drawing Level 2**

Completed Portrait Drawing Level 1? Level up your skills! Complete a portrait drawing project using a mechanical pencil, PanPastel or charcoal pencil. Instructor: Negin Nejad Mohseni.

Total Cost: \$82 (Tuition: \$0 Fees: \$82)

CRN#	Day/Ses.	Dates	Time	Location
33291	F(9)	2/14-4/11	2:30-4:30 p.m.	HV
33431	F(9)	5/2-6/27	2:30-4:30 p.m.	HV

ART 926**Realism in Pastels and Oils Part 2**

Improve realistic art with charcoal, pastel and oil, building on Part 1 of this course. Deepen your skills in materials, composition, techniques and layering. Instructor: Alan Fink.

Total Cost: \$84 (Tuition: \$0 Fees: \$84)

CRN#	Day/Ses.	Dates	Time	Location
34806	R(10)	4/24-7/3	1-3 p.m.	OM

ART 844**Realistic Painting in Pastel and Oil**

Explore realistic art in charcoal, pastel and oil! Topics include medium selection, material recommendations, creating and overpainting underdrawings, adding layers, ideal lighting and applying chiaroscuro for lifelike results. Instructor: Alan Fink.

Total Cost: \$84 (Tuition: \$0 Fees: \$84)

CRN#	Day/Ses.	Dates	Time	Location
34683	R(10)	1/23-3/27	1-3 p.m.	OM

HST 152**The Art of the Classical World**

Explore the Dutch Golden Age and Rembrandt van Rijn's portraits, drawings and etchings. Analyze his stylistic evolution and innovative techniques. Instructor: Joseph Cassar, PhD.

Total Cost: \$93 (Tuition: \$20 Fees: \$73)

CRN#	Day/Ses.	Dates	Time	Location
34666	R(8)	2/6-3/27	9:30-11 a.m.	Zoom

ART 321**Watercolor Painting – Beginners/Intermediate**

Learn painting skills, including wash, dry brush and masking techniques for subjects such as landscapes, still life and portraits. Instructor: Jennifer Murtha.

Total Cost: \$99 (Tuition: \$15 Fees: \$84)

CRN#	Day/Ses.	Dates	Time	Location
32927	T(10)	1/14–3/18	10 a.m.–12 p.m.	HV
32944	R(10)	1/16–3/20	1–3 p.m.	HV
33489	T(10)	4/8–6/17	10 a.m.–12 p.m.	HV
33490	R(10)	4/10–6/19	1–3 p.m.	HV

ART 949**Watercolor Pencil Painting**

Explore watercolor pencil techniques. Learn about color theory and complementary colors, practice blending, mixing and shadowing to add texture and dimension to your art pieces. Instructor: Trish Presley.

Total Cost: \$ 70 (Tuition: \$0 Fees: 70)

CRN#	Day/Ses.	Dates	Time	Location
34655	T(6)	1/21–2/25	1–2:30 p.m.	OM
34775	T(6)	4/22–5/27	1–2:30 p.m.	OM

COMPUTERS**PCA 696****Android Phones and Tablets**

Learn how to purchase and confidently use an Android smart device, including installing and using apps, taking photos, shooting videos and downloading books. Instructor: Jason Knauer.

Total Cost: \$88 (Tuition: \$20 Fees: \$68)

CRN#	Day/Ses.	Dates	Time	Location
35697	M(5)	2/3–3/3	1–3 p.m.	HV
33432	M(5)	5/5–6/9	10 a.m.–12 p.m.	HV

PCO 357**Beginning iPhones for Seniors**

Use your iPhone like a pro. Learn to use apps, your camera and GPS, and begin to integrate the features into your daily life. Students must bring their iPhones to class. Instructor: Dona Rucci.

Total Cost: \$93 (Tuition: \$20 Fees: \$73)

CRN#	Day/Ses.	Dates	Time	Location
34531	R(6)	2/6–3/13	10 a.m.–12 p.m.	HV
34532	T(6)	5/6–6/10	10 a.m.–12 p.m.	HV

PCO 293**Computers: Getting to Know Email**

Manage your email accounts effectively by learning how to use text formatting, attachments, customizations and toolbars, and block spam. Recommended but not mandatory: Computers: Getting to Know Windows 10. Instructor: Lee Klima.

Total Cost: \$88 (Tuition: \$20 Fees: \$68)

CRN#	Day/Ses.	Dates	Time	Location
34638	M(5)	3/3-31	10 a.m.-12 p.m.	OM
34737	M(4)	6/2-6/23	10 a.m.-12:30 p.m.	OM

PCO260**Computers: Getting to Know Them #1**

Master computer basics in a relaxed class setting. Learn how to personalize and back up your device, use a mouse, access files, create emails, navigate browsers and set up security. Instructor: Lee Klima.

Total Cost: \$88 (Tuition: \$20 Fees: \$68)

CRN#	Day/Ses.	Dates	Time	Location
33313	S(5)	1/25-2/22	10 a.m.-12 p.m.	HV

PCO261**Computers: Getting to Know Them #2**

Building on skills learned in Computers: Getting to Know Them #1, learn email operation, text modification, attachments, toolbar controls, text size, columns, stationery, signatures and receipts. Instructor: Lee Klima.

Total Cost: \$88 (Tuition: \$20 Fees: \$68)

CRN#	Day/Ses.	Dates	Time	Location
33314	S(5)	3/1-29	10 a.m.-12 p.m.	HV

PCO295**Computers: Getting to Know Microsoft Excel**

Learn Microsoft Excel formulas, headers, passwords, timestamps, paintbrush, row and column resizing, cell formatting, freeze frames and more. Bring a flash drive to save work weekly. Instructor: Lee Klima.

Total Cost: \$88 (Tuition: \$20 Fees: \$68)

CRN#	Day/Ses.	Dates	Time	Location
34700	R(5)	3/6-4/3	10 a.m.-12 p.m.	OM
34813	R(5)	5/29-7/3	1-3 p.m.	OM

PCO294**Computers: Getting to Know Microsoft Word**

Use Microsoft Word effectively to create documents. Explore the toolbar, dropdown menus and email merging.

Prerequisites: Computers: Getting to Know Windows 10; and Computers: Getting to Know Email.

Instructor: Lee Klima.

Total Cost: \$88 (Tuition: \$20 Fees: \$68)

CRN#	Day/Ses.	Dates	Time	Location
34699	R(5)	1/23-2/20	10 a.m.-12 p.m.	OM
34814	R(5)	4/24-5/22	10 a.m.-12 p.m.	OM

PCO292**Computers: Getting to Know Windows 10**

Learn to effectively use Windows 10 by personalizing your computer with screensavers and backgrounds, using a mouse, accessing files and programs, exploring back-up solutions and adding internet security.

Instructor: Lee Klima.

Total Cost: \$88 (Tuition: \$20 Fees: \$68)

CRN#	Day/Ses.	Dates	Time	Location
34637	M(5)	1/13-2/17	10 a.m.-12 p.m.	OM
34740	M(4)	4/28-5/19	10 a.m.-12:30 p.m.	OM

PCO435**Introduction to Artificial Intelligence**

Explore AI, from virtual assistants to self-driving cars. Engage in lectures and hands-on activities to see AI's impact on daily life, health care and other industries. No technical knowledge required. Instructor: Ope Amodu.

Total Cost: \$96 (Tuition: \$20 Fees: \$76)

CRN#	Day/Ses.	Dates	Time	Location
34434	S(9)	4/26-6/28	10-11:30 a.m.	HV

PCO455**Introduction to Chromebooks**

Learn to navigate setup, basic functions, app usage and file management on your Chromebook, reducing frustration and ensuring a smooth start. Perfect for beginners needing step-by-step guidance. Bring your Chromebook to class. Instructor: Lee Klima.

Total Cost: \$88 (Tuition: \$20 Fees: \$68)

CRN#	Day/Ses.	Dates	Time	Location
34681	R(5)	1/23-2/20	1-3 p.m.	OM
34076	S(5)	3/1-29	1-3 p.m.	HV
34805	R(5)	4/24-5/22	1-3 p.m.	OM
34432	S(5)	4/26-5/31	10 a.m.-12 p.m.	HV

PCO456

Keeping Up with the Millennials

Connect with younger generations by mastering social media. Learn to set up accounts, send messages, find friends and family and keep your accounts secure. Instructor: Holli Friedland.

Total Cost: \$73 (Tuition: \$20 Fees: \$53)

CRN#	Day/Ses.	Dates	Time	Location
34652	T(4)	1/21-2/11	8-11:15 a.m.	Zoom
34785	T(4)	4/22-5/13	10:30 a.m.-12 p.m.	Zoom

PCA 782

Selling Online Successfully

Learn to upload product information and sell products on eBay and Etsy, focusing on visual presentation, pricing, transaction security and shipping for successful online sales. Instructor: Dixie Cook.

Total Cost: \$93 (Tuition: \$20 Fees: \$73)

CRN#	Day/Ses.	Dates	Time	Location
33493	W(8)	4/23-6/11	10-11:30 a.m.	HV

COOKING

Please check for food allergies before registering for any cooking classes.

CKG 293

Casseroles and Sheet Pan Meals for Two

Learn to prepare easy one-dish meals for one or two, like pork tenderloin with roasted potatoes or shrimp with corn. Learn about ingredient selection and enjoy tastings. Recipes included. \$40 fee due to Michelle's Kitchen at first class. Instructor: Michelle Sapp.

Total Cost: \$66 (Tuition: \$0 Fees: \$66)

CRN#	Day/Ses.	Dates	Time	Location
35676	R(6)	1/23-3/6	10:30 a.m.-12 p.m.	OM

CKG 297

French Chefs

Master French cooking with simple recipes by Julia Child, Jacques Pepin and Georges Auguste Escoffier. Recreate their dishes, learn their techniques and enjoy critiquing your creations. Materials fee: \$40, check payable to Michelle's Kitchen due first class. Instructor: Michelle Sapp.

Total Cost: \$66 (Tuition: \$0 Fees: \$66)

CRN#	Day/Ses.	Dates	Time	Location
34808	R(6)	4/24-5/29	10:30 a.m.-12 p.m.	OM

CKG 296

Fun St. Patrick's Day Recipes

Join Chef Michelle for a cooking demo on corned beef and cabbage with a secret ingredient and Irish soda bread with butter and jam. Learn tips and tricks to perfect your dishes. Instructor: Michelle Sapp.

Total Cost: \$35 (Tuition: \$0 Fees: \$35)

CRN#	Day/Ses.	Dates	Time	Location
34144	M(1)	3/3	8-11:15 a.m.	HV

CKG 295

Hearty Chicken Dishes

Join Chef Michelle for a cooking demo to master easy chicken pot pie and chicken tarragon. Learn tips for exceptional chicken dinners, cooking terminology and recipe skills. Instructor: Michelle Sapp.

Total Cost: \$35 (Tuition: \$0 Fees: \$35)

CRN#	Day/Ses.	Dates	Time	Location
34143	M(1)	1/27	10:30 a.m.-12 p.m.	HV

CRAFTS AND HOBBIES

ART 983

Beginning Collage

Craft stunning collages using a grid pattern. Explore neutral color palettes, focal points and paper accent techniques. Master value and presentation for visually balanced artworks. Instructor: Pamela Kosmeyer.

Total Cost: \$53 (Tuition: \$0 Fees: \$53)

CRN#	Day/Ses.	Dates	Time	Location
34524	S(2)	5/10-17	9:30 a.m.-12:45 p.m.	HV

PDV 350

Beginning Mahjong

Explore the game's history and rules. Practice playing while receiving expert tips. Instructor: Geri Willen.

Total Cost: \$66 (Tuition: \$0 Fees: \$66)

CRN#	Day/Ses.	Dates	Time	Location
34764	T(6)	4/22-5/27	10-11:30 a.m.	OM

ENV 379**Bird Watching for Beginners: Eastern Baltimore County**

Learn how to find, identify and catalog birds you observe firsthand in Eastern Baltimore County. Gain experience using close-focus 8-power roof prism binoculars (available to purchase, with discount, at first class). The first and last classes will be at CCBC Essex, other classes will meet at various sites.

Instructor: Marty Brazeau.

Total Cost: \$84 (Tuition: \$0 Fees: \$84)

CRN#	Day/Ses.	Dates	Time	Location
34795	W(1)	4/23	8-11:15 a.m.	EC
34795	W(7)	4/30-5/28	8-11:15 a.m.	OSX
34795	W(1)	6/4	8-11:15 a.m.	EC

ENV 380**Bird Watching for Beginners: Northern Baltimore County**

Learn how to find, identify and catalog birds you observe firsthand in Northern Baltimore County. Gain experience using close-focus 8-power roof prism binoculars (available to purchase, with discount, at first class). The first and last classes will be at CCBC Owings Mills, other classes will meet at various sites.

Instructor: Marty Brazeau.

Total Cost: \$84 (Tuition: \$0 Fees: \$84)

CRN#	Day/Ses.	Dates	Time	Location
34767	T(1)	4/22	8-11:15 a.m.	OM
34767	T(5)	4/29-5/27	8-11:15 a.m.	OSX
34767	T(1)	6/3	8-11:15 a.m.	OM

ARB 247**Bits and Pieces: Collage Work**

Discover the art of combining materials like paper, photos, fabric and wood to create compositions. Learn techniques in paper collage, decoupage, photomontage and assemblage. Suitable for all experience levels.

Instructor: Nan Howard.

Total Cost: \$79 (Tuition: \$0 Fees: \$79)

CRN#	Day/Ses.	Dates	Time	Location
33296	T(8)	1/28-3/18	10 a.m.-12 p.m.	HV
34427	T(8)	4/29-6/17	10 a.m.-12 p.m.	HV

ART 975**Cardmaking and Paper Crafting**

Enjoy learning card making and paper cutting with dies, stamps, stencils and more! Create greeting cards, photo folios, notebooks and gifts. Materials fee: \$10, due first class. Instructor: Christine Tripson.

Total Cost: \$53 (Tuition: \$0 Fees: \$53)

CRN#	Day/Ses.	Dates	Time	Location
34643	M(4)	1/27-2/17	1-2:30 p.m.	OM
34735	M(4)	4/28-5/19	1-2:30 p.m.	OM

PDV 393

Games Gallery

Looking for a fun way to embrace a healthy, positive and social lifestyle? Games Gallery is your answer! Enjoy playing Monopoly, card games, Scrabble and chess. Share your favorites and connect with fellow gamers. Instructor: Kim Bartosz.

Total Cost: \$68 (Tuition: \$0 Fees: \$68)

CRN#	Day/Ses.	Dates	Time	Location
34071	T(8)	1/28-3/18	11 a.m.-12 p.m.	CC
34072	W(8)	1/29-3/19	7-8 p.m.	CC
34073	W(8)	4/30-6/18	7-8 p.m.	CC

ART 987

Holiday Floral Arranging: Hop Your Way into Easter and Spring

Master Easter floral design! Learn techniques and tools to create vibrant spring arrangements. Materials fee: \$20, due first class. Instructor: Mary Hansen.

Total Cost: \$15 (Tuition: \$0 Fees: \$15)

CRN#	Day/Ses.	Dates	Time	Location
34579	R(1)	4/10	10:30 a.m.-12 p.m.	HV

ART 986

Holiday Floral Arranging: Valentine from the Heart

Create stunning Valentine's Day floral arrangements! Learn essential techniques and tools to craft heartfelt displays. Materials fee: \$20, due first class. Instructor: Mary Hansen.

Total Cost: \$15 (Tuition: \$0 Fees: \$15)

CRN#	Day/Ses.	Dates	Time	Location
34578	R(1)	2/6	10:30 a.m.-12 p.m.	HV

ART 817

Introduction to Crochet

Master the essentials for crochet success! Learn hook/yarn selection, pattern reading and stitch mastery. Work on a semester project. Materials will be discussed in the first class. Instructor: Colleen Harbison.

Total Cost: \$82 (Tuition: \$0 Fees: \$82)

CRN#	Day/Ses.	Dates	Time	Location
33278	W(9)	1/29-3/26	10 a.m.-12 p.m.	Zoom
34302	W(9)	4/23-6/18	10 a.m.-12 p.m.	Zoom

ART 953**Knitting for Beginners**

Learn knitting basics, including terminology, knit/purl stitches, casting on and binding off. Understand needle sizes and yarn types. Materials fee: \$18, due first class. Instructor: Margie Granek.

Total Cost: \$66 (Tuition: \$0 Fees: \$66)

CRN#	Day/Ses.	Dates	Time	Location
34644	M(6)	1/27-3/3	1-2:30 p.m.	OM
34755	M(6)	4/28-6/9	1-2:30 p.m.	OM

PDV 383**Learn to Play Canasta**

Learn the Canasta rules, scoring and strategic play with a partner. Practice different hands and have fun! Instructor: Geri Willen.

Total Cost: \$66 (Tuition: \$0 Fees: \$66)

CRN#	Day/Ses.	Dates	Time	Location
34733	M(6)	4/28-6/9	10-11:30 a.m.	OM

ART 978**The Art of Paper Folding**

Students will explore basic paper folding concepts and techniques to turn paper into art, while increasing their artistic literacy and expression. Instructor: Tatiana Nelson-Joseph.

Total Cost: \$79 (Tuition: \$0 Fees: \$79)

CRN#	Day/Ses.	Dates	Time	Location
34442	S(8)	2/1-3/22	10 a.m.-12 p.m.	HV
34445	S(7)	4/26-6/14	9:45 a.m.-12 p.m.	HV

PDV 374**The Ins and Outs of Counted Cross Stitch**

Learn cross-stitching fundamentals and basic stitches. Complete a project and prepare to make future creations. Materials fee: \$10, due first class. Instructor: Barbara Ezratty.

Total Cost: \$53 (Tuition: \$0 Fees: \$53)

CRN#	Day/Ses.	Dates	Time	Location
34676	W(4)	1/22-2/12	1-2:30 p.m.	OM
34803	W(4)	4/23-5/14	1-2:30 p.m.	OM

GENEALOGY

PCO427

Family History Research with Ancestry.com

Learn to use Ancestry.com to further your family history research, determine whether found records are true to your family or not, learn about security awareness on the web and more. **IMPORTANT NOTE:** Active subscription to Ancestry.com is required. Instructor: Dave Powell.

Total Cost: \$93 (Tuition: \$20 Fees: \$73)

CRN#	Day/Ses.	Dates	Time	Location
34452	R(8)	4/24-6/12	1-2:30 p.m.	HV

HIT 997

Finding your Family Roots, Beginners

Research your family tree by exploring genealogy forms, techniques and sources, including digital tools. Learn about citations, pedigree charts and naming variations for thorough documentation. Instructor: Dave Powell.

Total Cost: \$93 (Tuition: \$20 Fees: \$73)

CRN#	Day/Ses.	Dates	Time	Location
34451	T(8)	4/29-6/17	1-2:30 p.m.	HV

HIT 999

Finding Your Family Roots, Beyond Beginners

Deepen your ancestral knowledge! Learn to digitally organize genealogical data and explore resources such as newspapers, land records and cemetery listings. Discover how DNA analysis can enrich your research journey.

Total Cost: \$93 (Tuition: \$20 Fees: \$73)

CRN#	Day/Ses.	Dates	Time	Location
32960	T(8)	1/28-3/18	1-2:30 p.m.	HV

PDV 445

Foreign Genealogy Research

Explore your family history beyond the United States. Topics include finding foreign records online, interpreting these records with English-language tools, translating documents and understanding foreign record terminology. Instructor: Dave Powell.

Total Cost: \$93 (Tuition: \$20 Fees: \$73)

CRN#	Day/Ses.	Dates	Time	Location
34296	F(8)	1/31-3/21	10-11:30 a.m.	HV

HST 085**Understanding Genealogy Research**

Learn the basics of genealogical research, review effective techniques for researching genealogy on the internet, find foreign records and interpret these records with English-language tools. Instructor: Dave Powell.

Total Cost: \$78 (Tuition: \$20 Fees: \$58)

CRN#	Day/Ses.	Dates	Time	Location
34435	F(4)	5/2-5/23	10 a.m.-12 p.m.	HV

HISTORY, POLITICS AND EVENTS**HST 159****American Icons and Legends: The French and Indian War**

Explore the French and Indian War (1753-1763), its causes, key battles, figures, peace treaty and impact on the American Revolution. Analyze pivotal events and influential figures of this critical period.

Instructor: Patrick Heline. Class offered both in-person and on Zoom.

Total Cost: \$93 (Tuition: \$20 Fees: \$73)

CRN#	Day/Ses.	Dates	Time	Location
34549	R(8)	4/24-6/12	9:45-11 a.m.	Zoom
34548	R(8)	4/24-6/12	9:45-11 a.m.	HV

HST 151**A More Perfect Union: What did the Founding Fathers Mean?**

In this class, explore the meaning of "A More Perfect Union" in the Preamble, its inclusion by the Founding Fathers and its relevance today. Analyze their vision and its modern applications. Instructor: Matthew Harding.

Total Cost: \$93 (Tuition: \$20 Fees: \$73)

CRN#	Day/Ses.	Dates	Time	Location
34391	W(6)	5/7-6/11	10 a.m.-12 p.m.	Zoom

HIT 826**Beer, Bread and Brothels of Baltimore**

Discover the fascinating history of Baltimore City, the impact of immigration on the creation, development and success of Baltimore City's breweries, bakeries, brothels and more. Instructor: Jennifer Liles.

Total Cost: \$93 (Tuition: \$20 Fees: \$73)

CRN#	Day/Ses.	Dates	Time	Location
34770	T(8)	4/22-6/10	10:30 a.m.-12 p.m.	OM

HIT 996**Broadcasting Through Time: A History of Radio and Television**

Explore radio and television's evolution from inception to the digital age, highlighting technological advancements, cultural significance and their continuing impact on global communication and entertainment.
Instructor: Clara Malafaria.

Total Cost: \$96 (Tuition: \$20 Fees: \$76)

CRN#	Day/Ses.	Dates	Time	Location
34586	W(7)	2/5-3/19	10 a.m.-12 p.m.	HV

HIT 968**Changing Social Roles: Victorian and Modern Era Views on Sex**

Explore how Victorian and modern societies have been shaped by attitudes toward sex and gender. From historical shifts to legal and professional impacts, uncover the evolving landscape of human sexuality.
Instructor: Jennifer Liles.

Total Cost: \$78 (Tuition: \$20 Fees: \$58)

CRN#	Day/Ses.	Dates	Time	Location
34653	T(5)	1/21-2/18	10:30 a.m.-12 p.m.	OM
34411	W(5)	5/7-6/4	10:30 a.m.-12 p.m.	HV

HST 161**Essential Players in History**

Explore the legacies of overlooked figures and events, including FBI spy Robert Hanssen, philanthropist Marjorie Merriweather Post, the Jefferson-Adams rivalry, Victor Hugo's era, the Knights Templar and San Francisco's natural disasters. Instructor: Nancy Lotz.

Total Cost: \$90 (Tuition: \$20 Fees: \$70)

CRN#	Day/Ses.	Dates	Time	Location
34147	W(7)	1/29-3/12	10:30 a.m.-12 p.m.	HV

HIS 143**First Ladies of the United States**

Explore the diverse roles of first ladies, from their personal lives to public duties, revealing their multifaceted contributions as spouses, mothers, ambassadors, hostesses and supportive partners. Instructor: Patrick Heline.
This course is simulcast, offered both in-person and on Zoom.

Total Cost: \$86 (Tuition: \$20 Fees: \$66)

CRN#	Day/Ses.	Dates	Time	Location
33307	R(6)	2/20-3/27	1:30-3 p.m.	HV
33310	R(6)	2/20-3/27	1:30-3 p.m.	Zoom
34457	R(6)	4/24-5/29	1:30-3 p.m.	Zoom
34456	R(6)	4/24-5/29	1:30-3 p.m.	HV

HST 111**Genius of Ancient Greece**

Ancient Greece's cultural achievements influenced modern architecture, theater, arts, athletics, government, law, science, philosophy, history, language and literature. This course explores the impact of this pivotal civilization. Instructor: Dr. Bob Baer.

Total Cost: \$86 (Tuition: \$20 Fees: \$66)

CRN#	Day/Ses.	Dates	Time	Location
34395	F(6)	5/2-6/6	10-11:30 a.m.	HV

HIT 728**Georgia O'Keeffe (1887-1986)**

This important American modern woman artist pioneered a fresh representation of nature. Learn about her education, exposure to Arthur Wesley Dow's ideas, travels, marriage to Alfred Stieglitz and ties to the New Mexico art scene. Instructor: Joseph Cassar, PhD.

Total Cost: \$93 (Tuition: \$20 Fees: \$73)

CRN#	Day/Ses.	Dates	Time	Location
33900	T(8)	2/4-3/25	9:30-11 a.m.	Zoom

HIS 662**Great Decisions**

Gain non-partisan knowledge on eight of the most critical issues on world affairs facing the United States and the international community this year. Participate in dynamic discussions on each weekly topic. The winter course is simulcast, offered both in-person and on Zoom.

Total Cost: \$114 (Tuition: \$15 Fees: \$99)

CRN#	Day/Ses.	Dates	Time	Location
34501	T(8)	1/28-3/18	1-2:30 p.m.	HV Instructor: Deena Dugan
34691	R(8)	2/6-3/27	10:30 a.m.-12 p.m.	Zoom Instructor: Barry Rascover
34688	R(8)	2/6-3/27	10:30 a.m.-12 p.m.	OM Instructor: Barry Rascover

HIT 845**Historic Jonestown: Baltimore's Oldest Settlement of Immigrant Communities**

Learn about the historic Jonestown neighborhood. As Baltimore's oldest point of immigrant entry, explore how the ever-changing immigrant neighborhoods contributed to Baltimore's culture and commerce. Instructor: Bev Rosen. Walking tour of Historic Jonestown offered separately, see details in Tours section.

Total Cost: \$78 (Tuition: \$20 Fees: \$58)

CRN#	Day/Ses.	Dates	Time	Location
34521	W(5)	5/7-6/4	1-2:15 p.m.	HV

HST 144**Historical Days in American History**

Explore key moments in American history. Delve into significant events, dates and their lasting impact. Understand the past and its influence on today by analyzing pivotal figures and their legacies.

Instructor: Patrick Heline. This course is simulcast, offered both in-person and on Zoom.

Total Cost: \$74 (Tuition: \$20 Fees: \$54)

CRN#	Day/Ses.	Dates	Time	Location
34489	R(7)	2/6-3/20	11:30 a.m.-12:30 p.m.	HV
34488	R(7)	2/6-3/20	11:30 a.m.-12:30 p.m.	Zoom
34438	R(7)	4/24-6/5	11:30 a.m.-12:30 p.m.	HV
34439	R(7)	4/24-6/5	11:30 a.m.-12:30 p.m.	Zoom

HST 167**Historical Topics of Baltimore City and County**

Explore Baltimore's rich history through key events like the 1904 Great Baltimore Fire and the 1861 Pratt Street Riots. Discuss street names, the history of row homes, the Baltimore County Almshouse and more.

Instructor: Patrick Heline. This course is simulcast, offered both in-person and on Zoom.

Total Cost: \$99 (Tuition: \$21 Fees: \$78)

CRN#	Day/Ses.	Dates	Time	Location
36217	R(9)	2/6-4/3	9:45-11:15 a.m.	Zoom
36216	R(9)	2/6-4/3	9:45-11:15 a.m.	HV

HST 139**History of Death**

Explore two centuries of evolving views on death and dying in America. Delve into historical perspectives, societal shifts and Baltimore's mortuary landscape for a deeper understanding of mortality.

Instructor: Jennifer Liles.

Total Cost: \$78 (Tuition: \$20 Fees: \$58)

CRN#	Day/Ses.	Dates	Time	Location
34288	W(5)	2/5-3/5	10-11:30 a.m.	HV

HST 135**History of Jews in Arab Countries**

Explore the deep history and impact of Jews in the Middle East and North Africa. Delve into centuries of cultural contributions and the story of 800,000 expulsions in the past century. Instructor: Harry Ezratty, Esq.

Total Cost: \$73 (Tuition: \$20 Fees: \$53)

CRN#	Day/Ses.	Dates	Time	Location
35675	W(4)	1/22-2/12	1 p.m.- 2:30 p.m.	OM

HST 120**History of Leaders and Leadership Across the World**

Explore the evolution of leadership from ancient to modern times. Examine leaders' ideologies, principles, decision-making, media influence and styles, studying a different world leader each class.

Instructor: Sudeep Mohandas.

Total Cost: \$93 (Tuition: \$20 Fees: \$73)

CRN#	Day/Ses.	Dates	Time	Location
34290	T(6)	2/4-3/11	10 a.m.-12 p.m.	HV
34413	M(8)	4/28-6/23	10:30 a.m.-12 p.m.	HV

HST 130**History of Pandemics...Past, Present and Future**

Explore the economic, political, medical and social impacts of major epidemics and pandemics over the past 100 years, including the Spanish flu, AIDS, Ebola and COVID-19. Learn to distinguish between epidemics and pandemics. Instructor: Don Finkelstein.

Total Cost: \$90 (Tuition: \$20 Fees: \$70)

CRN#	Day/Ses.	Dates	Time	Location
34148	W(7)	2/5-3/19	1-2:30 p.m.	HV

HST 136**History of Russian Emigration to the U.S.**

Explore why Russian Empire and Soviet Union migrants moved to America and the new lives they formed. Analyze the effects of political, military and economic pressures, wars, famine and violence. Instructor: Richard Caballero.

Total Cost: \$78 (Tuition: \$20 Fees: \$58)

CRN#	Day/Ses.	Dates	Time	Location
34674	W(5)	1/22-2/19	1-2:30 p.m.	OM

HIT 934**History of the Russian Revolutions of 1917**

Explore how a small Marxist group founded Soviet Russia. Analyze the civil and revolutionary wars, the Romanov dynasty's failures, the rise of Socialist and Marxist theories and key figures like Lenin, Trotsky and Kerensky. Instructor: Richard Caballero.

Total Cost: \$73 (Tuition: \$20 Fees: \$53)

CRN#	Day/Ses.	Dates	Time	Location
32952	M(4)	2/3-24	1-2:30 p.m.	HV

HST 117**Hopkins Heroes 2.0: The Next Chapter**

Johns Hopkins Hospital, Baltimore's renowned medical institution, has been pivotal to medical history. Explore its founders, key figures and major discoveries through a blend of history and science. Instructor: Paula Mister.

Total Cost: \$78 (Tuition: \$20 Fees: \$58)

CRN#	Day/Ses.	Dates	Time	Location
34425	M(4)	4/28-5/19	10 a.m.-12 p.m.	HV

HST 145**Iconic Colonial Legend: Benjamin Franklin and His World**

Explore Benjamin Franklin's journey from colonial beginnings to Founding Father. Examine his early life, inventions, diplomacy and lasting influence on America's foundation and future. Instructor: Patrick Heline. This course is simulcast, offered both in-person and on Zoom.

Total Cost: \$73 (Tuition: \$20 Fees: \$53)

CRN#	Day/Ses.	Dates	Time	Location
34588	R(4)	1/9-30	10-11:30 a.m.	Zoom
34286	R(4)	1/9-30	10-11:30 a.m.	HV

POS 061**Is Democracy Worthy of Being Preserved?**

In this course, students will examine and discuss contemporary challenges to democracy arising from social extremes, climate change, emerging technologies and political polarization. Instructor: Dr. Jose Lopez-Gonzalez.

Total Cost: \$99 (Tuition: \$20 Fees: \$79)

CRN#	Day/Ses.	Dates	Time	Location
34291	M(8)	1/27-3/17	10:30 a.m.-12:30 p.m.	HV

PHI 007**Jewish Philosophy from Traditional Texts**

Explore the meaning of life through Jewish texts like "The Just" and "Duties of the Heart." Examine their perspectives on money, love and personal growth, and analyze their philosophies. This course is simulcast, offered both in-person and on Zoom. Instructor: Charles Hanna.

Total Cost: \$98 (Tuition: \$20 Fees: \$78)

CRN#	Day/Ses.	Dates	Time	Location
34821	F(10)	4/25-6/27	10:30 a.m.-12 p.m.	OM
34822	F(10)	4/25-6/27	10:30 a.m.-12 p.m.	Zoom

PFA 516**Learning About Contemporary Issues and Ideas**

Increase your awareness about current issues and ideas that influence contemporary American society. Topics include racial-ethnic matters, economic conditions, political situations, cultural issues and international issues.

Instructor: Deena Dugan.

Total Cost: \$90 (Tuition: \$20 Fees: \$70)

CRN#	Day/Ses.	Dates	Time	Location
34502	T(8)	1/28-3/18	10-11:30 a.m.	HV
34503	T(8)	4/29-6/17	10-11:30 a.m.	HV

HST 113**Legacy of Roman Britain**

From Julius Caesar's landing in 55 BCE to 409 CE, Britannia merged Roman and Celtic cultures. Learn about the rule of rebel Celtic Queen Boudicca, Roman cities and landmarks like London and Hadrian's Wall and more. Instructor: Robert Baer, PhD.

Total Cost: \$78 (Tuition: \$20 Fees: \$58)

CRN#	Day/Ses.	Dates	Time	Location
34642	M(5)	1/13-2/17	10:30 a.m.-12 p.m.	OM

HST 160**Life and Adventures of Commodore Uriah Phillips Levy**

Explore the remarkable Jewish seaman who rose to the highest U.S. Navy rank, faced six court-martials, campaigned against flogging and helped restore Thomas Jefferson's Monticello. Instructor: Harry Ezratty, Esq.

Total Cost: \$73 (Tuition: \$20 Fees: \$53)

CRN#	Day/Ses.	Dates	Time	Location
35677	W(4)	4/23-5/14	1-2:30 p.m.	OM

HST 156**Monuments to Heaven**

Explore 23 historic Baltimore churches and synagogues (1785-1887). Discover their architecture, art and religious artifacts, including windows, statuary, paintings and carvings. Instructor: Sally Johnston.

Total Cost: \$78 (Tuition: \$20 Fees: \$58)

CRN#	Day/Ses.	Dates	Time	Location
34788	M(5)	1/27-2/24	1-2:30 p.m.	OM

HST 107**More Gothic Fiction: From the Crypt to Outer Space**

Explore classic Gothic fiction through short stories by Edgar Allan Poe, H.P. Lovecraft and Ray Bradbury. Topics include themes, symbolism, historical context and its evolution into horror. This course is simulcast, offered both in-person and on Zoom. Instructor: Charles Hanna.

Total Cost: \$78 (Tuition: \$0 Fees: \$78)

CRN#	Day/Ses.	Dates	Time	Location
34713	F(10)	1/24-3/28	10:30 a.m.-12 p.m.	Zoom
34710	F(10)	1/24-3/28	10:30 a.m.-12 p.m.	OM

HST 153**Museums in Vienna**

Virtually explore the Belvedere, Leopold Albertina and the Viennese Secession Building. Discuss key artists from da Vinci to Durer to Klimt. Instructor: Joseph Cassar, PhD.

Total Cost: \$93 (Tuition: \$20 Fees: \$73)

CRN#	Day/Ses.	Dates	Time	Location
34670	R(8)	4/24-6/12	9:30-11 a.m.	Zoom

HIT 874**Political Corruption in Maryland and Beyond**

Learn about the corruption of government officials, in Maryland and beyond, who've landed in jail or ended their careers in disgrace and resignation. Instructor: Deena Dugan.

Total Cost: \$93 (Tuition: \$20 Fees: \$73)

CRN#	Day/Ses.	Dates	Time	Location
34744	R(8)	1/23-3/13	10-11:30 a.m.	OM

HST 133**Post Soviet Russia 1991 to Putin's Regime 2025**

Explore the causes of the dissolution of Soviet Russia and the rise of Putin's regime. Examine the need for military security and prosperity rather than a democracy and the threats of NATO expansion and Western democracy. Instructor: Richard Caballero.

Total Cost: \$99 (Tuition: \$21 Fees: \$78)

CRN#	Day/Ses.	Dates	Time	Location
34798	W(10)	4/23-6/25	1-2:30 p.m.	OM

HST 118**Queens of Ancient Egypt through Art**

Explore the role of Egyptian queens over 3,000 years, beyond the famous pharaohs. Examine the contributions of high priestesses and rulers like Hatshepsut, Nefertiti and Cleopatra through illustrated artworks and archaeological evidence. Instructor: Barbara Baxter.

Total Cost: \$78 (Tuition: \$20 Fees: \$58)

CRN#	Day/Ses.	Dates	Time	Location
34458	T(5)	5/6-6/3	1-2:30 p.m.	HV

ART 981**Reflections on Verse; Poetry for Committed and Curious Fans**

If you love poetry—or think you might—explore masterpieces and diverse poems: serious, silly, melodic, melancholic, poignant and fun. Enjoy lively discussions and interpretations! Instructor: Judy Frye Jones.

Total Cost: \$86 (Tuition: \$20 Fees: \$66)

CRN#	Day/Ses.	Dates	Time	Location
34804	W(6)	4/23–5/28	11 a.m.–12:30 p.m.	OM

HST 155**Rembrandt**

Explore Rembrandt van Rijn and the Dutch Golden Age. Discuss his portraits, drawings, etchings, commissions, self-portraits and stylistic evolution in detail. Instructor: Joseph Cassar, PhD.

Total Cost: \$93 (Tuition: \$20 Fees: \$73)

CRN#	Day/Ses.	Dates	Time	Location
34668	T(8)	4/22–6/10	9:30–11 a.m.	Zoom

HST 140**Shel Silverstein: His Life and Career**

Examine Shel Silverstein’s fascinating life as an American writer, children’s author and illustrator, poet, cartoonist, singer-songwriter, musician and playwright. Discuss his famous book, “The Giving Tree.”

Instructor: Laurie Rosenberg.

Total Cost: \$86 (Tuition: \$20 Fees: \$66)

CRN#	Day/Ses.	Dates	Time	Location
34792	W(6)	4/23–5/28	10–11:30 a.m.	OM

HST 124**The Art of Mosaics**

Explore mosaic art from ancient Greece, Rome and later Mediterranean kingdoms. Examine techniques, stylistic developments over 2,000 years and the role of mosaics in cross-cultural and religious exchanges.

Instructor: Barbara Baxter.

Total Cost: \$78 (Tuition: \$20 Fees: \$58)

CRN#	Day/Ses.	Dates	Time	Location
34150	T(5)	2/4–3/4	1–2:30 p.m.	HV

HST 127**The American Civil War: A New Overview**

From 1861–65, the United States faced its greatest challenge—itsself. Gain a fresh perspective on the Civil War, including its causes, key figures, civilian impact, aftermath and evolving interpretations.

Instructor: David Hatch.

Total Cost: \$90 (Tuition: \$20 Fees: \$70)

CRN#	Day/Ses.	Dates	Time	Location
34075	M(7)	4/28–6/16	7–8:30 p.m.	Zoom

HST 115**The American Presidency from Washington to Van Buren**

Examine the first eight U.S. presidencies, their influence on American politics and discuss how their personal lives, careers, achievements and challenges helped shape the nation. Instructor: Dr. Lester Brooks.

Total Cost: \$99 (Tuition: \$20 Fees: \$79)

CRN#	Day/Ses.	Dates	Time	Location
34293	T(8)	1/28-3/18	10 a.m.-12 p.m.	HV

HST 125**The American Revolution: An Overview**

Explore the North American colonies' early developments, the drive for independence, their victory over the British and how these events led to the U.S. Constitution and the formation of the United States.

Instructor: David Hatch.

Total Cost: \$86 (Tuition: \$20 Fees: \$66)

CRN#	Day/Ses.	Dates	Time	Location
34074	M(6)	1/27-3/3	7-8:30 p.m.	Zoom

HST 126**The China Trade and the New World**

Explore the origins of European and New World trade with China and its influence on early America's architecture, design, flora, fauna, finances and economics. Instructor: John Danz, Jr.

Total Cost: \$90 (Tuition: \$20 Fees: \$70)

CRN#	Day/Ses.	Dates	Time	Location
34426	T(7)	4/29-6/10	10-11:30 a.m.	HV

HIT 886**The Good, The Bad and The Ugly: History of the U.S. Nuclear Deterrent**

Examine the evolution of the U.S. nuclear stockpile and its governance structure. Explore its testing, accidents and near-misses. Evaluate the challenges, advantages and disadvantages of maintaining the nuclear stockpile.

Instructor: Richard Callabero.

Total Cost: \$73 (Tuition: \$20 Fees: \$53)

CRN#	Day/Ses.	Dates	Time	Location
34462	M(4)	5/5-6/2	1-2:30 p.m.	HV

HIS 738**The History and Value of Antiques**

Explore the historical periods of antiques, including artwork, collectibles and more. Learn to distinguish antiques from reproductions and understand style evolution, research tools, care and liquidation methods.

Instructor: Dixie Cook.

Total Cost: \$99 (Tuition: \$21 Fees: \$78)

CRN#	Day/Ses.	Dates	Time	Location
33494	R(10)	4/24-6/26	10-11:30 a.m.	HV

HST 162**The Kings of Egypt Part I**

Explore Ancient Egypt's grandeur through its pharaohs, from the Predynastic Period to Alexander the Great's conquest. Learn about their lives, legacies and the impact of royal dynasties on Egyptian society and culture. Instructor: Tamee Bollinger.

Total Cost: \$88 (Tuition: \$20 Fees: \$68)

CRN#	Day/Ses.	Dates	Time	Location
34581	S(5)	4/26-5/31	10 a.m.-12 p.m.	HV

HIT 741**The Mysteries of Ancient Egypt**

Learn about Egypt's ancient history, art, architecture, religion, technology, government, economy, foreign relations and achievements, which have inspired our imaginations for millennia. Instructor: Tamee Bollinger.

Total Cost: \$93 (Tuition: \$20 Fees: \$73)

CRN#	Day/Ses.	Dates	Time	Location
34287	S(8)	2/1-3/22	10-11:30 a.m.	HV

HST 114**The Struggle for Voting Rights in America**

Despite America's founding principle of equality, African Americans and women have long fought to secure their right to vote. Explore the ongoing struggle to ensure voting rights for all Americans. Instructor: Dr. Bob Baer.

Total Cost: \$78 (Tuition: \$20 Fees: \$58)

CRN#	Day/Ses.	Dates	Time	Location
34297	F(5)	2/7-3/7	10-11:30 a.m.	HV

HST 128**The Weimar Republic 1918 to 1933**

Explore the Weimar Republic's history, including post-war chaos, the German Workers Party and Nazi Party formations, the Ruhr occupation, Paul von Hindenburg's presidential election, reparations and more. Instructor: Bill Krause.

Total Cost: \$86 (Tuition: \$20 Fees: \$66)

CRN#	Day/Ses.	Dates	Time	Location
34459	W(6)	5/7-6/11	1-2:30 p.m.	HV

HIT 932**Today's Labor Issues**

Explore historical contexts and personal anecdotes from 1947-2024. Analyze recent organizing trends, strikes and management's evolving stance. Investigate technology's influence on modern contract negotiations. Instructor: Bill Barry.

Total Cost: \$86 (Tuition: \$20 Fees: \$66)

CRN#	Day/Ses.	Dates	Time	Location
34684	R(6)	1/23-2/27	1-2:30 p.m.	Zoom

HST 142**Twentieth Century Baltimore**

Examine Baltimore's key events by decade, including major concerns, emerging industries and their cultural, racial and ethnic impacts. The instructor's book, "Twentieth Century Baltimore," is available for \$24.95.
Instructor: Jack Burkert.

Total Cost: \$96 (Tuition: \$20 Fees: \$76)

CRN#	Day/Ses.	Dates	Time	Location
34819	F(9)	4/25-6/20	10:30 a.m.-12 p.m.	OM

HIS 158**U.S. Supreme Court and the Bill of Rights**

Examine the 10 amendments in the U.S. Constitution's Bill of Rights and their effect on Supreme Court decisions, including Freedom of Speech, Freedom of Religion, Right to Bear Arms and state's rights.
Instructor: Deena Dugan.

Total Cost: \$86 (Tuition: \$20 Fees: \$66)

CRN#	Day/Ses.	Dates	Time	Location
34812	R(6)	4/24-5/29	10-11:30 a.m.	OM

HIT 628**Winston Churchill: The Wilderness Years 1929 to 1939**

Examine and evaluate the events during this period that would lead to Churchill's reemergence as prime minister during World War II. Instructor: Bill Krause.

Total Cost: \$93 (Tuition: \$20 Fees: \$73)

CRN#	Day/Ses.	Dates	Time	Location
34149	W(8)	1/29-3/19	1-2:30 p.m.	HV

HIT 957**World Cultures: Diversity of Ethnicity**

Immerse yourself in global cultures, cuisines and traditions to reduce misrepresentation and ease ethnic tensions. Explore communication's role in cultural conflict and explore strategies for harmony.
Instructor: Sudeep Mohandas.

Total Cost: \$93 (Tuition: \$20 Fees: \$73)

CRN#	Day/Ses.	Dates	Time	Location
32923	M(6)	2/3-3/10	10 a.m.-12 p.m.	HV
34390	T(8)	5/6-6/24	10:30 a.m.-12 p.m.	HV

LANGUAGES

FLA 088

Conversational Spanish for Beginners I

Learn basic conversational Spanish for greetings, introductions, conversations, travel, shopping and expressing needs and feelings. Gain an awareness of the cultural diversity of Latin America. Instructor: Jean Meyer.

Total Cost: \$99 (Tuition: \$21 Fees: \$78)

CRN#	Day/Ses.	Dates	Time	Location
34647	T(10)	1/21-3/25	10-11:30 a.m.	OM
34818	W(10)	4/23-6/25	10-11:30 a.m.	OM

FLA 093

Conversational Spanish for Beginners Part II

Advance your Spanish skills to express needs and feelings, expand vocabulary, recognize items and engage in longer conversations. Prerequisite: Conversational Spanish for Beginners. Instructor: Jean Meyer.

Total Cost: \$99 (Tuition: \$21 Fees: \$78)

CRN#	Day/Ses.	Dates	Time	Location
34679	W(10)	1/22-3/26	10-11:30 a.m.	OM
34817	T(10)	4/22-6/24	10-11:30 a.m.	OM

FLA 234

Conversational Spanish for Beginners Part III

Enhance your Spanish fluency with advanced conversation, reading and writing skills. Broaden your vocabulary, engage in deeper dialogue and expand your cultural exploration. Instructor: Bertha Narvaez Ortiz.

Total Cost: \$96 (Tuition: \$20 Fees: \$76)

CRN#	Day/Ses.	Dates	Time	Location
34589	T(7)	1/28-3/11	1-3 p.m.	EC

HST 161

French Culture and Language for Everyone

Gain basic French conversational skills, plus insight into the rich tapestry of French culture. Delve into music, cuisine, literature, dance, history and more. Instructor: Patricia Cornejo.

Total Cost: \$93 (Tuition: \$20 Fees: \$73)

CRN#	Day/Ses.	Dates	Time	Location
34523	R(8)	4/24-6/12	1-2:30 p.m.	HV

LEARN LECTURES

HIT 192

A Hot Time in the Old Town: Great Baltimore Fire of 1904

Investigate the 30-hour fire's suspected cause, its costly and destructive path, the effort it took to rebuild and how other cities have dealt with major crises. Instructor: Patrick Heline. The lecture will take place at the Historical Society of Baltimore County (Address: 9811 Van Buren Lane, Cockeysville, MD 21030).

Total Cost: \$35 (Tuition: \$0 Fees: \$35)

CRN#	Day/Ses.	Dates	Time	Location
33311	F(1)	2/7	1:30–3 p.m.	HSB

HST 137

George Washington and His Rules of Civility and Decent Behavior

Discover the 110 rules that shaped George Washington. Delve into his views on etiquette, honor and success. Explore the manners that forged an American legend. Instructor: Patrick Heline.

Total Cost: \$35 (Tuition: \$0 Fees: \$35)

CRN#	Day/Ses.	Dates	Time	Location
34285	S(1)	2/22	10–11:30 a.m.	HV

HST 106

History of Maryland's Diverse Cuisine

Discover 18th century foods with the author of "Cooking Maryland's Way: Voices of a Diverse Cuisine." Explore dishes of Indigenous Marylander, African American, British and German communities, plus cooking techniques, preservation and dining styles. Instructor: Joyce White.

Total Cost: \$35 (Tuition: \$0 Fees: \$35)

CRN#	Day/Ses.	Dates	Time	Location
34715	T(1)	1/21	10:30 a.m.–12 p.m.	Zoom

HIT 981

The Founding of Maryland

Dive into the captivating history of Maryland's founding! Explore colonization motives, the Calvert Family legacy, charter origins, the settlers' journey, survival tales and intriguing Maryland facts. Instructor: Patrick Heline.

Total Cost: \$35 (Tuition: \$0 Fees: \$35)

CRN#	Day/Ses.	Dates	Time	Location
32961	T(1)	3/25	10–11:30 a.m.	HV

HST 122**The History of Towson Part II**

In part two, explore Towson's transformation from a village to a city, focusing on its businesses, schools, notable figures and evolution into Baltimore County's political hub. Instructor: Jennifer Liles. Lecture will take place at the Historical Society of Baltimore County (Address 9811 Van Buren Lane, Cockeysville, MD 21030).

Total Cost: \$35 (Tuition: \$0 Fees: \$35)

CRN#	Day/Ses.	Dates	Time	Location
34152	F(1)	3/7	1:30–3 p.m.	HSB

LUNCH AND LEARN**HIT 539****The Great Migration**

During the 20th century, over six million African Americans relocated from the rural southern U.S. They faced violence, family disruption and dangerous cross-country journeys. Explore the origins, motivations, impact and outcomes of their migration. Lunch to follow at Pappa's Restaurant. Instructor: Dr. Bob Baer.

Total Cost: \$64 (Tuition: \$0 Fees: \$64)

CRN#	Day/Ses.	Dates	Time	Location
34292	F(1)	1/31	10 a.m.–12 p.m.	HV

HIT 970**The Murder of Tsar Nicholas II and His Family 1918**

Uncover the gripping tale behind the downfall of the Romanov dynasty! Delve into the political upheavals, economic crises and Bolshevik rise that culminated in the slaughter of Russia's ruling family. Lunch to follow at Glyndon Grill. Instructor: Richard Caballero.

Total Cost: \$64 (Tuition: \$0 Fees: \$64)

CRN#	Day/Ses.	Dates	Time	Location
34717	T(1)	2/18	10:30 a.m.–12 p.m.	OM

HST 150**The History of the Baltimore Slave Trade**

Delve into the history of Baltimore's once-thriving market of buying and selling people in the early 19th century. Learn about some of the more notorious slave traders in Baltimore, such as Austin Woolfolk and Hope Slatter. Lunch to follow at Blue Stone Restaurant. Instructor: Richard Messick.

Total Cost: \$64 (Tuition: \$0 Fees: \$64)

CRN#	Day/Ses.	Dates	Time	Location
34386	F(1)	2/21	10:30 a.m.–12 p.m.	HV

HST 100**John Adams**

Explore John Adams' multifaceted life and legacy: Founding Father, activist, diplomat, vice president and second U.S. president. Delve into his complexities and lasting contributions. Lunch to Follow at Pappa's Restaurant.
Instructor: Dr. Lester Brooks.

Total Cost: \$64 (Tuition: \$0 Fees: \$64)

CRN#	Day/Ses.	Dates	Time	Location
33316	F(1)	2/28	10 a.m.–12 p.m.	HV

HST 105**Nazis, a Bicyclist and a Writer's Journey**

Explore the acclaimed true story, "Two Wheels to Freedom," which details a young Jewish resistor's daring escape from the Nazis. Join the author to learn about his research, storytelling strategies and writing process. Lunch to follow at Glyndon Grill. Instructor: Arthur Magida.

Total Cost: \$64 (Tuition: \$0 Fees: \$64)

CRN#	Day/Ses.	Dates	Time	Location
34716	T(1)	3/4	10:30 a.m.–12 p.m.	OM

HST 123**Cleopatra's Egypt**

Explore Cleopatra's reign as the last ruler of the Ptolemaic dynasty. Discover the fascinating stories and myths about her, including her romantic liaisons with Julius Caesar and Mark Antony. Lunch to follow at Glyndon Grill. Instructor: Dr. Robert Baer.

Total Cost: \$64 (Tuition: \$0 Fees: \$64)

CRN#	Day/Ses.	Dates	Time	Location
34720	M(1)	3/10	10:30 a.m.–12:30 p.m.	OM

CKG 294**Italian Chef: Giada De Laurentiis**

Learn about TV chef and author Giada De Laurentiis, her career, rise to fame and interesting family. Watch a demonstration and enjoy two of her renowned recipes: lamb osso buco and lemon ricotta cookies. A \$20 materials fee will be collected, paid to Michelle's Kitchen. Instructor: Michelle Sapp.

Total Cost: \$35 (Tuition: \$0 Fees: \$35)

CRN#	Day/Ses.	Dates	Time	Location
34729	R(1)	3/13	10:30 a.m.–12:30 p.m.	OM

HST 121**Antietam—The Day that Changed America**

Examine the Battle of Antietam through eyewitness accounts, covering Lee’s Maryland Campaign, battle strategies, Mathew Brady’s photography, Lincoln’s visit, the aftermath and impact on America and the Civil War. Lunch to follow at Barrett’s Grill. Instructor: Dave Udris.

Total Cost: \$64 (Tuition: \$0 Fees: \$64)

CRN#	Day/Ses.	Dates	Time	Location
34295	F(1)	3/14	10:30 a.m.–12 p.m.	HV

POS 059**Post–Election Political Landscape**

Examine the 2024 election results to assess the future of American democracy. Explore election dynamics, international impact, the U.S. economic outlook, emerging issues, the state of political divides and compromise efforts. Lunch to follow at Glyndon Grill. Instructor: Barry Rascovar.

Total Cost: \$64 (Tuition: \$0 Fees: \$64)

CRN#	Day/Ses.	Dates	Time	Location
34722	T(1)	3/18	10:30 a.m.–12 p.m.	OM

HIT 783**The Science Behind the 10 Plagues**

Examine the story of the 10 plagues that were used to free the Israelites from Egypt, as told in the biblical story of the Exodus. Explore the most plausible scientific explanations for these miracles. Lunch to follow at Glyndon Grill. Instructor: Don Finkelstein.

Total Cost: \$64 (Tuition: \$0 Fees: \$64)

CRN#	Day/Ses.	Dates	Time	Location
34724	T(1)	3/25	10:30 a.m.–12 p.m.	OM

HST 129**American Frontier**

Explore the American frontier in the late 18th and early 19th centuries. Topics include Native American history, culture and encounters with settlers, as well as frontier lifestyles, Manifest Destiny and legends like Daniel Boone. Lunch to follow at Blue Stone Restaurant. Instructor: Dr. Lester Brooks.

Total Cost: \$64 (Tuition: \$0 Fees: \$64)

CRN#	Day/Ses.	Dates	Time	Location
34294	F(1)	3/28	10 a.m.–12 p.m.	HV

HIS 586

Aftermath of the Lincoln Assassination

Examine how Abraham Lincoln spent his last day, hear a range of stories from ordinary citizens with him on that fateful day, and learn about several strange events following the assassination. Lunch to follow at Barrett's Grill. Instructor: Dave Udris.

Total Cost: \$64 (Tuition: \$0 Fees: \$64)

CRN#	Day/Ses.	Dates	Time	Location
34396	F(1)	4/11	10:30 a.m.–12 p.m.	HV

ENV 035

Climate Change: When Did It Happen?

Discuss historical climate changes in weather patterns, ecosystems, sea levels and human life caused by humans. Explore future climate change trends and their predicted impacts. Lunch to follow at Glyndon Grill. Instructor: Don Finkelstein.

Total Cost: \$64 (Tuition: \$0 Fees: \$64)

CRN#	Day/Ses.	Dates	Time	Location
34832	T(1)	4/22	10:30 a.m.–12 p.m.	OM

HIT 654

Gertrude Bell: Desert Adventurer

A desert explorer, archaeologist, pioneering mountaineer, spy, diplomat and popular travel writer, Bell blazed paths across the Near East. Examine her accomplishments and long-term contributions to the culture and politics of the region. Lunch to Follow at Pappa's Restaurant. Instructor: Dr. Bob Baer.

Total Cost: \$64 (Tuition: \$0 Fees: \$64)

CRN#	Day/Ses.	Dates	Time	Location
34394	F(1)	4/25	10 a.m.–12 p.m.	HV

HIT 971

Judy Garland: The Lady and the Legend

Get to know the legend Judy Garland. Examine her early life, career and lasting popularity. Identify events and behaviors that impacted her reputation and the people who enabled the destructive behavior that led to her early death. Lunch to follow at Glyndon Grill. Instructor: Sandy Livingston.

Total Cost: \$64 (Tuition: \$0 Fees: \$64)

CRN#	Day/Ses.	Dates	Time	Location
34831	W(1)	4/30	10:30 a.m.–12 p.m.	OM

ENV 034**Impact of Climate Change on Maryland**

Explore climate change's effects on Maryland's natural systems, including temperature shifts in grow zones, saltwater intrusion on Eastern Shore vegetation, forest canopy changes and regional differences across the United States. Lunch to follow at Blue Stone Restaurant. Instructor: Jim Himel.

Total Cost: \$64 (Tuition: \$0 Fees: \$64)

CRN#	Day/Ses.	Dates	Time	Location
34412	F(1)	5/2	10:30 a.m.–12 p.m.	HV

HST 146**Billie Holiday: Lady Sings the Blues**

Billie Holiday, jazz's greatest tragic heroine, has a legendary story marked by an impoverished Baltimore childhood, addiction struggles and early death. Explore her music in the context of her life. Lunch to follow at Glyndon Grill. Instructor: Seth Kibel.

Total Cost: \$64 (Tuition: \$0 Fees: \$64)

CRN#	Day/Ses.	Dates	Time	Location
34830	T(1)	5/6	10:30 a.m.–12 p.m.	OM

HST 147**History of Women's Shoes and the Life of Salvatore Ferragamo, a Master Shoe Designer**

Explore the history of women's shoes, focusing on Salvatore Ferragamo's rise as a master designer. Take a virtual tour of the Ferragamo Museum in Milan to view his unique creations. Lunch to follow at Glyndon Grill. Instructor: Barbara Blumberg Ressin.

Total Cost: \$64 (Tuition: \$0 Fees: \$64)

CRN#	Day/Ses.	Dates	Time	Location
34829	T(1)	5/13	10:30 a.m.–12 p.m.	OM

POS 062**America's Political Landscape in Mid-2025**

Examine the 2024 election's impact on American democracy, political parties, key issues and challenges for the White House and Congress. Assess the effects on indictments, federal trials, the Supreme Court and future prospects. Lunch to follow at Glyndon Grill. Instructor: Barry Rascovar.

Total Cost: \$64 (Tuition: \$0 Fees: \$64)

CRN#	Day/Ses.	Dates	Time	Location
34825	T(1)	5/27	10:30 a.m.–12 p.m.	OM

MUSIC

HST 131

Appreciating Brazilian Choro Music

Choro, a vibrant Brazilian music style from the 1870s, remains culturally significant today. Explore its history, key composers, musical elements and cultural impact. Instructor: Paul Faatz.

Total Cost: \$99 (Tuition: \$21 Fees: \$78)

CRN#	Day/Ses.	Dates	Time	Location
34455	T(10)	4/22-6/24	1:30-3 p.m.	HV

HST 134

Origins of Jazz

Explore the origins of American jazz, from its roots in New Orleans to its growth in Chicago and New York. Discover key musicians and their music. Enjoy recordings and a live performance by the presenter. Instructor: Seth Kibel.

Total Cost: \$90 (Tuition: \$20 Fees: \$70)

CRN#	Day/Ses.	Dates	Time	Location
35674	F(8)	1/24-3/14	10:30 a.m.-12 p.m.	OM

HIT 995

Windows into Big Band Jazz

Explore big band jazz from 1925-1985, including musician Hank Levy. Listen to recordings, watch videos and discuss the genre's evolution to appreciate its rich history and influence. Instructor: Paul Faatz.

Total Cost: \$94 (Tuition: \$20 Fees: \$74)

CRN#	Day/Ses.	Dates	Time	Location
34151	T(9)	1/28-3/25	1:30-3 p.m.	HV

PHOTOGRAPHY

ART 080

Art in Photography

Master professional techniques—the rule of thirds, photojournalistic eye and design principles—to infuse your photos with a WOW factor. Instructor: Marcia Bornfriend.

Total Cost: \$76 (Tuition: \$0 Fees: \$76)

CRN#	Day/Ses.	Dates	Time	Location
34708	F(7)	1/24-3/7	10 a.m.-12 p.m.	OM
34823	F(7)	4/25-6/6	10 a.m.-12 p.m.	OM

ART 704**Introduction to Digital Photography**

Become a confident digital camera user. Learn the various symbols and buttons, loading, organizing, printing, storing and sharing images and methods for taking pictures. Instructor: Lee Klima.

Total Cost: \$88 (Tuition: \$20 Fees: \$68)

CRN#	Day/Ses.	Dates	Time	Location
34645	M(5)	1/13-2/17	1-3 p.m.	OM
34433	S(5)	4/26-5/31	1-3 p.m.	HV
34753	M(4)	4/28-5/19	1-3:30 p.m.	OM

ART 821**Digital Photograph Enhancement**

Learn how to enhance, edit and touch up digital images and restore faded and torn photographs with Photoshop and other free photo-enhancing programs. Prerequisite: Introduction to Digital Photography. Instructor: Lee Klima.

Total Cost: \$88 (Tuition: \$20 Fees: \$68)

CRN#	Day/Ses.	Dates	Time	Location
34640	M(5)	3/3-31	1-3 p.m.	OM
34751	M(4)	6/2-6/23	1-3:30 p.m.	OM

HST 101**Photography as an Art Form**

Examine how photographers used imagination and cultural context to shape photography as an art form. Explore their creative work, printing techniques and influential art movements, and analyze notable photographs. Instructor: David Lavine.

Total Cost: \$99 (Tuition: \$21 Fees: \$78)

CRN#	Day/Ses.	Dates	Time	Location
34673	W(10)	1/22-3/26	11 a.m.-12:30 p.m.	OM

HST 143**Photographic Technologies from Chemical to Digital**

Trace photography's evolution from 1839 to today. Explore advances in light-sensitive equipment, graphic technology and the limitless potential of digital photography and image manipulation. Instructor: David Lavine.

Total Cost: \$73 (Tuition: \$20 Fees: \$53)

CRN#	Day/Ses.	Dates	Time	Location
34791	W(4)	4/23-5/14	11 a.m.-12:30 p.m.	OM

PCA 899

Photography for Mobile Devices

Master photography with your smartphone. Explore camera functions, composition, lighting, focus and editing, and develop a photographer's mindset through practical exercises.

Total Cost: \$73 (Tuition: \$0 Fees: \$73)

CRN#	Day/Ses.	Dates	Time	Location
35696	M(8)	1/27-3/17	10:30 a.m.-12 p.m.	HV
33435	M(8)	4/28-6/23	1-2:30 p.m.	HV

TOURS

HIT 925

Colonial Annapolis and the United States Naval Academy

Join a knowledgeable period-attired guide to embark on a whirlwind journey and delve into the city's 18th century splendor. Meet at the Visitor Information Booth, 1 Dock Street, Annapolis, Maryland. Students will need walk 1-1.5 miles total for this walking tour. Lunch to follow at Middleton's Tavern after the tour.

Total Cost: \$64 (Tuition: \$0 Fees: \$64)

CRN#	Day/Ses.	Dates	Time	Location
32846	S(1)	5/3	10 a.m.-12:30 p.m.	OSX

HIT 744

Green Mount Cemetery Walking Tour

During a two-hour walking tour, discover the history of the Green Mount Cemetery, constructed in 1838 with Gothic Revival architecture. Meet at the main entrance, 1501 Greenmount Avenue, Baltimore. Parking available.

Total Cost: \$30 (Tuition: \$0 Fees: \$30)

CRN#	Day/Ses.	Dates	Time	Location
33436	S(1)	5/10	9:30-11:30 a.m.	OSX
33437	S(1)	6/28	9:30-11:30 a.m.	OSX

HST 108

Ridgely's Delight Walking Tour

Explore Ridgely's Delight, a historic neighborhood where George Washington stayed and much more. Wear comfortable clothes and bring water for this one-mile tour. Meet at the Babe Ruth Birthplace Museum, 216 Emory St., Baltimore, MD 21230.

Total Cost: \$20 (Tuition: \$0 Fees: \$20)

CRN#	Day/Ses.	Dates	Time	Location
34464	S(1)	5/17	10-11:30 a.m.	OSX

HST 109**LGBTQ History in Mt. Vernon Place**

Tour Mount Vernon and learn about pioneering women who helped shape Baltimore's educational institutions, medical professionals who were on the front lines of the AIDS epidemic and residents who founded the first LGBTQ church. Participants **MUST** be able to walk about a mile, wear comfortable clothing and bring water. Meet in front of the Wexler Center, Address: 1000 Cathedral St. Baltimore, MD 21201).

Total Cost: \$20 (Tuition: \$0 Fees: \$20)

CRN#	Day/Ses.	Dates	Time	Location
34465	S(1)	6/7	10-11:30 a.m.	OSX

HIT 745**Historic Jonestown Walking Tour**

Anchored by the Phoenix Shot Tower, Historic Jonestown is one of the oldest neighborhoods in Baltimore City. Learn about the city's oldest religious buildings and synagogues, the life and impact of the longest-lived signer of the Declaration of Independence, Charles Carroll and more. This is a 2 hour walking tour of about one mile in total. Meet at the Carroll Mansion (Address: 800 Lombard Street, Baltimore, MD 21202). Street parking available.

Total Cost: \$35 (Tuition: \$0 Fees: \$35)

CRN#	Day/Ses.	Dates	Time	Location
34522	S(1)	6/14	9:30-11:30 a.m.	OSX

HST 110**Landmarks on the Inner Harbor**

Did you know that the Maryland Science Center has roots that go back to 1826? Or that at one time, Six Flags operated an amusement park out of the Power Plant? Or that Domino Sugar processes 6.5 million pounds of raw sugar on any given day? Join us to learn some of the back stories to the wonderful places that dot our Inner Harbor. Participants **MUST** be able to walk about a mile. Wear comfortable clothes and bring water. Meet at Miss Shirley's Cafe Inner Harbor (Address: 750 E. Pratt Street, Baltimore, MD 21202). Parking available at Pier 5 garage.

Total Cost: \$20 (Tuition: \$0 Fees: \$20)

CRN#	Day/Ses.	Dates	Time	Location
34466	S(1)	6/27	10-11:30 a.m.	OSX

WELLNESS AND FITNESS**FIT 073****Aerobics for the Senior Adult: A Low-Impact Routine**

Keep fit with our low-impact workout blending cardio and body toning. Ideal for beginners seeking a fun, safe routine. Instructor: Nina Bazemore.

Total Cost: \$68 (Tuition: \$0 Fees: \$68)

CRN#	Day/Ses.	Dates	Time	Location
33306	R(10)	1/23-3/27	12-1 p.m.	HV
34429	R(10)	4/24-6/26	12-1 p.m.	HV

FIT 184**Cane-Fu: Self-Defense with a Cane**

Gain confidence walking with a cane and learn to use it for basic self-defense, including strikes and blocks. Explore exercises to strengthen muscles. Participants must be mobile and bring a wooden cane to class. Instructor: Alan Fink.

Total Cost: \$66 (Tuition: \$0 Fees: \$66)

CRN#	Day/Ses.	Dates	Time	Location
34678	W(6)	1/22–2/26	10–11:30 a.m.	OM
34793	W(6)	4/23–5/28	10–11:30 a.m.	OM

FIT 083**Chair Pilates**

Improve core strength, balance, posture and flexibility with chair yoga. Exercises support muscle strength, mental clarity, stress reduction and joint pain relief and are designed to boost independence and life quality.

Total Cost: \$68 (Tuition: \$0 Fees: \$68)

CRN#	Day/Ses.	Dates	Time	Location
34641	M(10)	1/13–3/24	9:30–10:30 a.m.	OM Instructor: Sandi Rubin
33312	F(10)	1/24–3/28	10–11 a.m.	HV Instructor: Nina Bazemore
33309	F(8)	1/31–3/21	10:30–11:30 a.m.	Zoom Instructor: Sandi Rubin
34430	F(10)	4/25–6/27	10:30–11:30 a.m.	HV Instructor: Nina Bazemore
34299	F(8)	4/25–6/13	10:30–11:30 a.m.	Zoom Instructor: Sandi Rubin
34756	M(8)	4/28–6/23	9:30–10:45 a.m.	OM Instructor: Sandi Rubin

PDV 360**Downsizing and Organizing So Your Kids Won't Have To**

Discover strategies and resources to declutter your home now. Learn how to make choices, research item values and sell online. Discover resources that will take your unneeded items. Instructor: Cindy Bernstein.

Total Cost: \$53 (Tuition: \$0 Fees: \$53)

CRN#	Day/Ses.	Dates	Time	Location
34807	R(4)	4/24–5/15	1–2:30 p.m.	Zoom

FIT 830**Drummin' in the Valley**

Discover drumming as a fun, effective exercise that offers therapeutic benefits, stress relief and joy. Perfect for all ages; equipment provided. Just bring a positive attitude! Instructor: Al Muehlberger.

Total Cost: \$58 (Tuition: \$0 Fees: \$58)

CRN#	Day/Ses.	Dates	Time	Location
33315	S(6)	2/1–3/8	10–11:15 a.m.	HV
34399	S(6)	5/3–6/14	10–11:15 a.m.	HV

PDV 446**Forest Bathing**

Shinrin-yoku, or forest bathing, offers physical and mental benefits through mindful immersion in nature. The first class includes an orientation and a 25-minute forest bathing experience. Subsequent classes in Baltimore parks will cover up to a tenth of a mile over two hours; suitable for all fitness levels. Instructor: Janet Gross.

Total Cost: \$79 (Tuition: \$0 Fees: \$79)

CRN#	Day/Ses.	Dates	Time	Location
34397	S(8)	4/26-6/21	9:30-11:30 a.m.	CC

FIT 189**Gentle Yoga for Seniors**

Stretch your way to health! Learn and practice basic poses and breathing exercises for enhanced well-being, joint alignment and relaxation. Bring a yoga mat and wear comfy clothes.

Total Cost: \$68 (Tuition: \$0 Fees: \$68)

CRN#	Day/Ses.	Dates	Time	Location
36353-T(10)		1/21-3/25	11 a.m.-12 p.m.	OM (Instructor: Debbie Vojik)
36352 M(10)		1/27-3/31	5-6 p.m.	DC (Instructor: Angie Carpenter)
36351 M(10)		4/28-7/7	5-6 p.m.	DC (Instructor: Angie Carpenter)
36354 T(10)		4/22-6/24	11 a.m.-12 p.m.	OM (Instructor: Debbie Vojik)

PDV 395**How to Avoid Medication Errors**

Gain strategies and tools to minimize medication errors, report mistakes and understand why they occur. Learn how to communicate with healthcare providers, create a medication list and explore online resources. Instructor: Denise Baugh, PharmD.

Total Cost: \$73 (Tuition: \$20 Fees: \$53)

CRN#	Day/Ses.	Dates	Time	Location
34820	F(4)	4/25-5/16	10:30 a.m.-12 p.m.	OM

FIT 150**Line Dancing for Seniors**

Embrace line dancing fearlessly! Master basic steps for five or more diverse line dances, perfect for beginners. No partner required! Instructor: Joseph Leskovar.

Total Cost: \$68 (Tuition: \$0 Fees: \$68)

CRN#	Day/Ses.	Dates	Time	Location
34499	F(10)	1/24-3/28	10-11 a.m.	EC
34500	F(10)	4/25-6/27	10-11 a.m.	EC

FIT 145**Lively Drumming for Better Health and Wellness**

Join our fun exercise program! Dance to the beat, improve health and relieve stress. All equipment included. Dress comfortably. Instructor: Rachael Fuller.

Total Cost: \$66 (Tuition: \$0 Fees: \$66)

CRN#	Day/Ses.	Dates	Time	Location
32959	T(9)	1/21–3/18	11:30 a.m.–12:30 p.m.	HV
32958	M(9)	1/27–3/24	1:30–2:30 p.m.	HV
33433	M(9)	4/28–6/30	1:30–2:30 p.m.	HV
33434	T(9)	4/29–6/24	11:30 a.m.–12:30 p.m.	HV

FIT 125**Low Impact Cardio, Mobility and Strength Exercises**

Show your heart some love! Learn low-impact aerobic exercises, cardio workout techniques, strength building and gentle stretching for improved mobility and fitness. Instructor: Debbie Vojik.

Total Cost: \$68 (Tuition: \$0 Fees: \$68)

CRN#	Day/Ses.	Dates	Time	Location
34697	R(10)	1/23–3/27	10–11 a.m.	OM
34815	R(10)	4/24–7/3	10–11 a.m.	OM

FIT 077**Medical Symposium: Innovation and Discovery**

In partnership with the University of Maryland School of Medicine, learn from top doctors and researchers on recent discoveries and advancements in treatment of a variety of medical topics.

Total Cost: \$86 (Tuition: \$20 Fees: \$66)

CRN#	Day/Ses.	Dates	Time	Location
34765	T(6)	4/22–5/27	10–11:30 a.m.	Zoom

PDV 301**Mindfulness Meditation**

Embrace the calm. Discover techniques to quiet your mind, reduce stress and boost your emotional, physical and mental health. Instructor: Eva Sivan, Ph.D.

Total Cost: \$58 (Tuition: \$0 Fees: \$58)

CRN#	Day/Ses.	Dates	Time	Location
34646	T(8)	1/21–3/11	10–11 a.m.	Zoom
34766	T(8)	4/22–6/10	10–11 a.m.	Zoom

FIT 162**Pickleball for Beginners**

Learn pickleball in eight weeks! Master hitting, serving, rallying, scoring and rules. Get expert instruction, in-game feedback and safety tips. Court attire required. Bring water. Equipment provided.

Total Cost: \$110 (Tuition: \$0 Fees: \$110)

CRN#	Day/Ses.	Dates	Time	Location
34511	W(8)	1/29-3/19	9-10 a.m.	CMR (held indoors)
34512	W(8)	4/2-5/21	9-10 a.m.	CMR (held indoors)
33048	M(8)	4/28-6/23	9-10 a.m.	EC (held outdoors)
33049	T(8)	4/29-6/17	1-2 p.m.	CC (held outdoors)

FIT 163**Pickleball: Skills and Drills: Beyond Beginners**

Enhance your pickleball skills in eight weeks. Refine dinking, serving, positioning and strategy. Court attire required. Bring water and paddles. Prerequisite: Beginner's course or equivalent skills.

Total Cost: \$110 (Tuition: \$0 Fees: \$110)

CRN#	Day/Ses.	Dates	Time	Location
34519	W(8)	1/29-3/19	1-2 p.m.	CMR (held indoors)
34518	W(8)	4/2-5/21	1-2 p.m.	CMR (held indoors)
33087	W(8)	4/30-6/18	9-10 a.m.	EC (held outdoors)
33088	R(8)	5/1-6/26	1-2 p.m.	CC (held outdoors)

FIT 188**Slow, Soothing Yoga for Older Individuals**

Experience yoga tailored to your fitness level and health needs. Learn poses for enhanced body alignment, balance and stamina and breathing techniques for relaxation. Instructor: Frieda Flax.

Total Cost: \$68 (Tuition: \$0 Fees: \$68)

CRN#	Day/Ses.	Dates	Time	Location
34746	F(10)	1/24-3/28	11 a.m.-12 p.m.	OM

FIT 143**Standing Pilates**

Let's get vertical! Improve your core by adapting mat Pilates to standing exercises. Enhance your posture, flexibility and functionality with a low-impact workout perfect for seniors and beginners. Instructor: Jackie Daily.

Total Cost: \$66 (Tuition: \$0 Fees: \$66)

CRN#	Day/Ses.	Dates	Time	Location
37239	F(10)	1/10-3/21	10-11 a.m.	CC
33426	M(9)	4/28-7/7	9:30-10:30 a.m.	CC

FIT 183**Standing Pilates**

Improve your physical health with a low-impact workout by adapting mat Pilates to standing exercises. Enhance your flexibility, core and posture by learning a variety of exercises, perfect for beginners and seniors. Instructor: Jackie Daily.

Total Cost: \$51 (Tuition: \$0 Fees: \$51)

CRN#	Day/Ses.	Dates	Time	Location
34686	R(4)	1/23-2/13	12-1:15 p.m.	OM
34816	R(4)	5/29-6/26	12-1:15 p.m.	OM

FIT 094**Tai Chi I**

Tai Chi enhances coordination and balance through gentle movements. Suitable for all ages. Wear comfortable clothes and flat shoes. Instructor: Jeff Zukor.

Total Cost: \$68 (Tuition: \$0 Fees: \$68)

CRN#	Day/Ses.	Dates	Time	Location
35700	F(10)	1/24-3/28	9:30-10:30 a.m.	HV
34415	F(10)	4/25-6/27	9:30-10:30 a.m.	HV

FIT 091**Tai Chi II**

Deepen your Tai Chi practice for advanced mastery of breathing, weight shifts and movement. Prerequisite: Tai Chi I. Instructor: Jeff Zukor.

Total Cost: \$68 (Tuition: \$0 Fees: \$68)

CRN#	Day/Ses.	Dates	Time	Location
35701	F(10)	1/24-3/28	11 a.m.-12 p.m.	HV
34424	F(10)	4/25-6/27	11 a.m.-12 p.m.	HV

HIT 820**Walking Around Baltimore: Enjoying Our Reservoirs**

Prepare to walk for exercise and spend five Saturday mornings exploring different reservoirs and learning about their history and impact on surrounding Maryland communities. Each class will cover about 3 miles. First meeting at CCBC Hunt Valley for orientation. Instructor: Robin Minor.

Total Cost: \$66 (Tuition: \$0 Fees: \$66)

CRN#	Day/Ses.	Dates	Time	Location
34289	S(6)	3/8	10-11:30 a.m.	HV (in-class orientation)
34289	S(6)	3/15-5/24	10-11:30 a.m.	OSX

XXX 841**Water Aerobics**

Wade into the shallow end! Use water resistance for effective exercise without swimming or getting your head wet.

Total Cost: \$89 (Tuition: \$0 Fees: \$89)

CRN#	Day/Ses.	Dates	Time	Location
32985	M(14)	1/27-5/12	11:10 a.m.-12:10 p.m.	EC Instructor: Sandy Stromberger.
32988	M(14)	1/27-5/12	6:30-7:30 p.m.	DC Instructor: Angie Carpenter.
32986	T(14)	1/28-5/6	10-11 a.m.	DC Instructor: Linda Watson.
32989	W(14)	1/29-5/7	6:30-7:30 p.m.	DC Instructor: Angie Carpenter.
32983	W(14)	1/29-5/7	9:30-10:30 a.m.	CC Instructor: Debbie Warner.
32977	F(14)	1/31-5/9	10:40-11:40 a.m.	EC Instructor: Barb Cochnar.
32987	F(14)	1/31-5/9	10-11 a.m.	DC Instructor: Linda Watson.
32979	F(14)	1/31-5/9	11:50 a.m.-12:50 p.m.	EC Instructor: Sandy Stromberger.

WRITING**WRI 223****20th Century American Literature**

Explore the work of notable 20th century American writers like F. Scott Fitzgerald, Kurt Vonnegut and others. Discover how history shaped their timeless writings. Instructor: Kris Faatz.

Total Cost: \$60 (Tuition: \$10 Fees: \$50)

CRN#	Day/Ses.	Dates	Time	Location
33308	F(10)	1/24-3/28	10-11:30 a.m.	Zoom
34300	F(10)	4/25-6/27	10-11:30 a.m.	Zoom

WRI 163**From Journal to Book**

Make your stories come alive! Master journaling techniques to craft compelling narratives. Explore themes, develop your story, review publishing options and create a book design prototype. All skill levels are welcome. Instructor: Sharon Ricks.

Total Cost: \$78 (Tuition: \$20 Fees: \$58)

CRN#	Day/Ses.	Dates	Time	Location
34398	S(8)	4/26-6/21	11 a.m.-12 p.m.	CC

WRI 155**Journaling Through Grief**

Embrace healing through writing. Navigate types of grief, express emotions via journaling and explore both written and pictorial forms of cathartic expression. Transform pain into growth and find solace in this safe space. Instructor: Sharon Ricks.

Total Cost: \$99 (Tuition: \$20 Fees: \$79)

CRN#	Day/Ses.	Dates	Time	Location
34493	T(7)	2/4-3/18	11 a.m.-1 p.m.	Zoom

WRI 152**Poetic Reflections: Use Creative Writing to Articulate Your Life's Journey**

Meet new people, learn various literary techniques and tools, show your life's journey through poetry and have some fun! Instructor: Leon Thornton.

Total Cost: \$99 (Tuition: \$20 Fees: \$79)

CRN#	Day/Ses.	Dates	Time	Location
35679	W(7)	5/7-6/18	2-4 p.m.	CC

WRI 133**Writing a Book**

Learn to write a book of any genre. Explore material use, idea communication, essential details, beginning-to-end processes, editing and printing paths. Instructor: Leslie Atkins.

Total Cost: \$99 (Tuition: \$20 Fees: \$79)

CRN#	Day/Ses.	Dates	Time	Location
34648	T(8)	1/21-3/11	10 a.m.-12 p.m.	Zoom
34762	T(8)	4/22-6/10	10 a.m.-12 p.m.	Zoom

WRI 118**Writing Intriguing Stories**

This class boosts your creative writing, offering strategy, inspiration and insights into publishing, with guidance on crafting stories or book-length works. Instructor: Leslie Atkins.

Total Cost: \$99 (Tuition: \$20 Fees: \$79)

CRN#	Day/Ses.	Dates	Time	Location
34392	W(8)	4/30-6/18	10 a.m.-12 p.m.	Zoom

WRI 110**Writing to Capture Memories**

Writing a book is a great way to capture and share memories of a time, place, person, idea or event. Explore creative strategies and how to progress from draft to published book while working on your own piece. Instructor: Leslie Atkins.

Total Cost: \$99 (Tuition: \$20 Fees: \$79)

CRN#	Day/Ses.	Dates	Time	Location
34393	W(8)	1/29-3/19	10 a.m.-12 p.m.	Zoom

FRIENDLY SENIORS AT CCBC ESSEX

WINTER 2025 SEMESTER

Wednesdays, January 15–March 19, 2025

In-person, CCBC Essex, AHUM Building, Room 211

Historical Topics of Baltimore City and County

10–11:30 a.m.

Instructor: Patrick Heline.

Better Health and Wellness for the Senior Adult

11:45 a.m.–1 p.m.

Instructor: Nina Basemore.

Broadcasting Through Time: A History of Radio and Television

1:30–3 p.m.

Instructor: Clara Malafaria.

SPRING 2025 SEMESTER

Wednesdays, April 9 – June 18, 2025

In-person, CCBC Essex, AHUM Building, Room 211

Where Baltimore's Best Were Laid to Rest: History of Greenmount Cemetery

10–11:30 a.m.

Instructor: Patrick Heline.

Better Health and Wellness for the Senior Adult

11:45 a.m.–1 p.m.

Instructor: Nina Basemore.

Introduction to Artificial Intelligence

1:30–3 p.m.

Instructor: Ope Amodu.

For more information contact Patrick Heline at **443.840.1036**.

SENIOR ADVENTURES IN LEARNING OPEN HOUSE

DISCOVER LEARNING AND FUN AT OUR FREE OPEN HOUSE

Saturday, January 11

10 a.m.

CCBC Hunt Valley

Looking for exciting educational opportunities?

Join us for a FREE Open House and explore the senior learning program, designed for adults 60+ throughout Baltimore County. Meet instructors, check out a variety of classes, get the details on our popular Lunch and Learn program — and much more.

Space is limited and registration is required.

To attend, call **443.840.5830** and register for CRN #30196 by January 3, 2025.



BECOME AN INSTRUCTOR

Do you have an expertise or talent you would like to share with the senior population?

The Senior program at CCBC is always looking for qualified instructors in the areas of land and water exercise, humanities, history and the arts.

For more information, contact Steve Edmonston at sedmonston@ccbcmd.edu.